

LUNCH MENU WEEK 1

MONDAY	Minced beef and dumplings	Chicken, tomato and basil pasta	^v Vegetable fajita wrap with salad and coleslaw	Steamed chocolate sponge pudding
TUESDAY	Gammon steak with pineapple	Beef and vegetable pie	^v Quorn chilli con carne	Apple crumble
WEDNESDAY	Roast chicken with stuffing and a yorkshire pudding	Jamaican jerk chicken	^v Chinese vegetable noodles	Ginger cake
THURSDAY	Spicy beef pizza	Chicken and sweetcorn pie	^v Pasta arrabiata	Chocolate orange cake
FRIDAY	Homemade beef lasagne with garlic bread	BBQ chicken wrap	^v Vegetable spring rolls with curry sauce	Cornflake tart

Available daily: Freshly prepared salad bar with a variety of salad and a selection of ham, tuna and smoked mackerel.

LUNCH MENU WEEK 2

MONDAY	Mince and vegetable pie	Ham and pineapple wholemeal pizza	<div>v</div> Vegetable burger	Iced lemon cake
TUESDAY	Chicken casserole with herb dumplings	Chilli beef soft taco with tomato salsa	<div>v</div> Cheese and onion quiche	Swiss roll
WEDNESDAY	Roast turkey with stuffing and a yorkshire pudding	Chinese chicken and noodles	<div>v</div> Mexican cheese and onion quesadilla	Banana cake
THURSDAY	Chicken tikka masala	Homemade beef burger	<div>v</div> Stuffed peppers with wholegrain rice and vegetables	Chocolate crunch
FRIDAY	Fish and chips	Chicken korma with rice and naan	<div>v</div> Spicy potatoes with peppers	Chocolate and orange cake and custard

Available daily: Freshly prepared salad bar with a variety of salad and a selection of ham, tuna and smoked mackerel.

LUNCH MENU WEEK 3

MONDAY	Beef bolognese	Chicken fajita pocket	^v Sweet chilli pasta	Apple and blackberry crumble
TUESDAY	Cottage pie	Beef chilli con carne	^v Quorn korma	Lemon muffin
WEDNESDAY	Roast chicken with stuffing and a yorkshire pudding	Enchiladas	^v Sweet and sour vegetable noodles	Sticky toffee pudding
THURSDAY	Sausage with onion gravy	Chicken Italian	^v Cheese and tomato pizza slice	Raspberry coconut sponge
FRIDAY	Southern fried chicken wrap	Homemade corned beef and onion pie	^v Vegetable pea and potato curry	Flapjack

Available daily: Freshly prepared salad bar with a variety of salad and a selection of ham, tuna and smoked mackerel.