



# futureme schools' programme of activity

2020/21



futureme



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# welcome

## Welcome to the FutureMe Schools' Programme of Activity 2020-21.

Within this booklet you will find details of the full range of activities available to North East Uni Connect Programme target schools, aimed at supporting learners in understanding and making informed decisions about higher education. These activities are delivered as part of the partnership's FutureMe programme.

All FutureMe activities have been developed in line with the North East Regional Progression Framework and seek to achieve one or more learning objectives from the following themes:

- Introducing higher education
- Routes to further and higher education
- Attainment and how this supports progression
- Financial support for further and higher level study
- Applying to further and higher education
- Transition to further and higher education.

Activities have been individually aligned to best practice frameworks, including the Gatsby Good Career Benchmarks, Career Development Institute Framework and the PSHE Association requirements.

Your designated FutureMe Project Coordinator will work with you to determine which of the FutureMe activities on offer will best meet your school's priorities and the needs of your students. This will form part of the delivery planning process that they will support you with.

**We hope you and your students find the activities we offer engaging and worthwhile!**

# what you need to know about futureme activities

## Who should participate in FutureMe activities?

FutureMe activities should be delivered to Uni Connect target students, who have the potential to progress to higher education but who may require support with confidence and thinking about their future. Your FutureMe Project Coordinator will work with you to identify your Uni Connect target students in your school, however, there are also many activities which can be delivered to the whole student cohort.

## When will FutureMe activities be available?

We want to ensure we can offer your students activities throughout the academic year. Activities are therefore scheduled as follows:

Activity	Year Group	NERPF
FutureMe Undergraduate Mentoring (small group and one-to-one)	Y9	LO1, LO2, LO3, LO4, LO5, LO6
FutureMe Undergraduate Mentoring (small group sessions)	Y10/11	LO1, LO2, LO3, LO4, LO5, LO6
HE Ambassador Sessions	Y9-Y13	LO1, LO2, LO3, LO4, LO5, LO6
Destination Success Theatre Performance	Y9	LO1, LO2
The Buzz by David Hodgson	Y9/Y10/Y12	LO3, LO6
Goal Mapping	Y12/Y13	LO1, LO2, LO3
Bridging the Gap	Y12/Y13	LO3, LO6
Making Informed Decisions	Y12/13	LO2
FutureMe Enterprise Challenge	Y9	LO1, LO2, LO4, LO6
Exploring FutureMe @...	Y9-Y13	LO1, LO2, LO3, LO4, LO5, LO6
FutureMe Residential/ Passport to FutureMe	Y10	LO1, LO2, LO3, LO4, LO5, LO6



# what is needed to host futureme activities?

All staff delivering sessions on behalf of FutureMe will bring all resources for their event and will aim to make the activity as easy as possible for you to set up.

However we will need some assistance with the following:

## Room Setup

Most FutureMe activities will be suitable to be delivered in a classroom or assembly hall where students can work collaboratively around tables to complete their interactive tasks.

1-1 mentoring will require an open space where the mentor and mentee can discuss the content of their session without disruption but where they can be observed by a member of staff.

Some events, such as theatre performances may have more specific venue requirements and details of these will be provided with the booking invitation to allow you to plan effectively for the event.

For sessions delivered as a live webinar or pre-recorded session, students will require access to be able to view these online. Your FutureMe Project Coordinator will discuss options with you.

## Equipment

We ask that all rooms have a laptop/computer access, projector, internet access and sound where possible. If there are circumstances when this isn't possible, please discuss this with your FutureMe Project Coordinator who will be able to discuss alternative solutions.

Some sessions may require specific equipment such as a lapel microphone for motivational speakers or online and/IT access for live webinars and pre-recorded sessions. Details of any specific equipment requirements will be provided with the booking invitation to allow you to plan effectively.

## Group Sizes

FutureMe activities can be delivered to whole year groups or smaller class sizes depending on your preference and the activity taking place.

### Student Engagement

Whilst we understand that not all students will wish to progress to higher education, we request that all students identified for participation in FutureMe activities have the potential to progress and that they are fully informed of what they will be participating in and why they have been identified to take part.

Should any students be unable to attend a session as planned, please inform your FutureMe Project Coordinator as soon as possible as this may affect the delivery of the scheduled activity (e.g. mentoring).

### Staff Support

School staff arranging a FutureMe session are asked to ensure that students arrive promptly and staff are on hand in the event of any queries/issues arising.





# futureme undergraduate mentoring

Working with a current undergraduate mentor, your students will progress through six higher education modules to support their understanding of higher education and develop important attributes for success both in and beyond school.

Following an in school launch event, the FutureMe mentor will work with your chosen students in small group sessions followed up with individual 1-1 working discussions. The programme concludes with a celebration event at one of our Uni Connect host universities.

FutureMe Undergraduate Mentoring includes:

- Finding my FutureMe - Launch Event
- Level 10 Me
- Onwards and Upwards
- The 5 Ws of Higher Education
- My Future Career
- Know My Strengths
- Taking Action
- On campus celebration event.

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North East Regional Progression Framework	Learning Objectives 1-6 <i>Introductory phase</i>
Gatsby Benchmark	2, 3, 7
CDI Framework	Learning Outcomes 1-4, 10, 11, 14, 15, 17
PSHE Association	<b>SMSC</b> , Literacy - Speaking and Listening. Numeracy - Use of charts & graphs to visually present data

year 10/11



# futureme undergraduate mentoring

Working with a current undergraduate mentor, students will progress through a range of higher education modules to enhance their understanding of higher education and develop the skills to make effective progress through their GCSE studies and beyond.

Students and/or teachers may choose up to six higher education modules based on the needs of the mentee. Following an in-school launch event, the FutureMe mentor will work through the sessions with the students in small groups. The programme concludes with a celebration event at one of our Uni Connect host universities.

FutureMe Undergraduate Mentoring may include:

- Finding my FutureMe - Launch Event
- My Future Path
- Student Finance Myth Buster
- Working Smarter
- Options After School
- A Day in the Life in Higher Education
- Where do I want to be in 10 years?
- On campus celebration event.

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North East Regional Progression Framework	Learning Objectives 1-6 <i>Introductory/Developmental phase</i>
Gatsby Benchmark	2, 3, 7
CDI Framework	Learning Outcomes 1-5, 7, 13-17
PSHE Association	<u>SMSC</u> , Literacy - Speaking and Listening. Numeracy - Use of tables, Consideration of finance and budgeting

year 9-13



# higher education ambassador sessions

**Higher Education Ambassador Sessions are delivered by recent graduates who provide a fun, interactive and current perspective on what higher education life is really like.**

With a core offer of 27 sessions available for Years 9-13, students will have the opportunity to develop their knowledge across all learning objectives of the North East Regional Progression Framework. Sessions can be delivered either as a 45-60 minute session for a small group or 20 minute assembly to large groups.

Ask your FutureMe Project Coordinator for more information and the full list of session topics available, including how each individually aligns to best practice frameworks.

Sessions can be delivered in the following formats:

- (i) 45-60 minute workshop for small groups
- (ii) 20 minute assembly to large groups
- (iii) a live webinar
- (iv) a pre recorded session.

Please see the FutureMe HE Ambassador Sessions 2020/21 booklet for details on which sessions are available in each format.

**North East Regional  
Progression  
Framework**

Learning Objectives 1-6  
*Introductory, Developmental & Consolidation phase*

**Gatsby Benchmark**

2, 3, 4, 7

**CDI Framework**

Learning Outcomes 1-4, 7-11, 14-16





# destination success theatre performance

Destination Success is a theatre performance delivered by Enact Solutions which introduces your students to the diverse range of courses and routes available to them post 16, the range of qualifications available, and how there is a learning route into nearly every profession which supports the way they most like to learn.

## Who is it for?

All Year 9 students, including Uni Connect target students. Performances for parents/carers or teachers are available too.

## When will it be held?

Performances will be available during February and March 2020.

## How can we take part?

Your FutureMe Project Coordinator will inform you when booking opens and how to book your place which will be offered on a first come, first served basis. The performance will be arranged at a time and date which suits your school.

North East Regional Progression Framework	Learning Objectives 1, 2 <i>Introductory phase</i>
Gatsby Benchmark	3, 7
CDI Framework	Learning Outcomes 4, 7, 8, 14
PSHE Association	<u><a href="#">SMSC</a></u>

year 9, 10 &amp; 12



# the buzz by David Hodgson



The Buzz allows students to discover their own personality strengths in an interactive and fun session. They can apply newly found self-awareness to boost their confidence and learning, and understand their strengths and relationships.

The session is delivered by David Hodgson and based on The Buzz, David's renowned book and personality quiz used widely by UCAS, icould.com, schools, colleges and universities across the UK and abroad.

## Who is it for?

All Year 9, 10 and 12 students, including Uni Connect target students.

## When will it be held?

Performances will be available during October/November 2020 and February/March 2021. This opportunity will be delivered on a first come, first served basis.

## How can we take part?

Your FutureMe Project Coordinator will inform you when booking opens and tell you how to book your place which will be offered on a first come, first served basis. The performance will be arranged at a time and date which suits your school.

North East Regional Progression Framework	Learning Objectives 3, 6 <i>Developmental phase</i>
Gatsby Benchmark	3
CDI Framework	Learning Outcomes 1-3, 17
PSHE Association	<b>SMSC</b> , Literacy – Speaking, listening and participation

year 12/13



13

# goal mapping

Goal Mapping will enable students to clarify their educational, career and life aspirations and explore how they can succeed.

Students will set goals and plan for the future, explore what motivates them to take action and learn how to prioritise their efforts.

## Who is it for?

Year 12/13 students with priority given to Uni Connect target students.

## When will it be held?

Workshops will be available from September 2020 through to March 2021.

## How can we take part?

Your FutureMe Project Coordinator will inform you when booking opens and tell you how to book your place which will be offered on a first come, first served basis.

North East Regional Progression Framework	Learning Objectives 1, 2, 3 <i>Consolidation phase</i>
Gatsby Benchmark	3, 7
CDI Framework	Learning Outcomes 1-3, 11, 14, 15, 17
PSHE Association	<b>SMSC</b> , Literacy - Speaking and listening. Numeracy - Reasoning, Use of charts and tables to display information

# year 12/13

## bridging the gap



This workshop will provide students with an understanding of the requirements of advanced level study and enable them to develop thinking and practical skills for success in post-16 study and beyond.

Students will explore the processes of reflective learning, managing time, maintaining motivation, advanced note-taking, as well as active and critical reading through this interactive session.

### Who is it for?

Year 12/13 students with priority given to Uni Connect target students.

### When will it be held?

Workshops will be available from September 2020 through to January 2021.

### How can we take part?

Your FutureMe Project Coordinator will inform you when booking opens and tell you how to book your place which will be offered on a first come, first served basis.

North East Regional Progression Framework	Learning Objective 3 <i>Consolidation phase</i>
Gatsby Benchmark	3, 7
CDI Framework	Learning Outcomes 1-3, 11
PSHE Association	<b>SMSC</b> , Literacy - Speaking and listening, Reflection, Critical analysis

year 12/13



# making informed decisions

This workshop is designed to support students with improving soft skills with a particular focus on communication, decision-making, critical thinking skills, and raising confidence along with developing a positive mental attitude.

The workshop will equip students with a comprehensive soft skills toolkit, which they can refer back to throughout their educational, and life journey. Students will leave feeling prepared to step outside of their comfort zone and tackle each decision they encounter.

## Who is it for?

Year 12/13 students with priority given to Uni Connect target students.

## When will it be held?

Workshops will be available from September 2020 through to March 2021.

## How can we take part?

Your FutureMe Project Coordinator will inform you when booking opens and tell you how to book your place which will be offered on a first come, first served basis.

North East Regional Progression Framework	Learning Objective 2 <i>Developmental/Consolidation phase</i>
Gatsby Benchmark	3, 7
CDI Framework	Learning Outcomes 1-3, 17
PSHE Association	<u>SMSC</u> , Literacy – Speaking and listening.



year 9



# futureme enterprise challenge

Working in collaboration with the three football clubs in the North East, the FutureMe Enterprise Challenge aims to increase young peoples' self confidence, aspiration and skills suitable for higher study and the work place, underpinned by a regional marketing challenge.

Delivered by the foundation teams at each football club, students will be challenged to create a digital media campaign to encourage young men into higher education. Students who complete the challenge will also achieve an Entry Level Unit 3 Award in Presentation Skills by The Princes' Trust!

The programme will launch at your host Uni Connect university, followed by six group sessions delivered in school and will conclude with a celebration event at your link football stadium. We aim to deliver this programme in person, however, will endeavour to provide an alternative online opportunity if required.

## Who is it for?

Year 9 male Uni Connect target students only.

## When will it be held?

The challenge will be delivered during the Summer Term 2021.

## How can we take part?

Your FutureMe Project Coordinator will inform you when booking opens and tell you how to book your place which will be offered on a first come, first served basis.

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North East Regional Progression Framework	Learning Objectives 1, 2, 4, 6 <i>Introductory phase</i>
Gatsby Benchmark	2, 5, 6, 7
CDI Framework	Learning Outcomes 6, 7, 11, 12, 14
PSHE Association	<b>SMSC</b> , Literacy - Speaking and listening, Presentation skills, Analysing and creating media pieces. Numeracy - Use of percentages, tables and charts, Finance and budgeting

year 9-13



# exploring futureme @...

'Exploring FutureMe @...' enables your students to experience what higher education is like in a variety of different institutions, highlighting the accessibility of higher education in the North East.

By visiting one of our partner universities or colleges, students can take part in tours, taster sessions and speak to current students about their studies and higher education experiences.

### Who is it for?

Year 9-13 students with priority given to Uni Connect target students.

### When will it be held?

Dates of availability at our partner institutions will be released throughout the academic year.

### How can we take part?

Your FutureMe Project Coordinator will inform you when these dates are available and tell you how to book your visit which will be allocated on a first come, first served basis.

North East Regional Progression Framework	Learning Objectives 1-6 <i>Introductory, Developmental &amp; Consolidation phase</i>
Gatsby Benchmark	2, 7
CDI Framework	Learning Outcomes 4, 7, 14, 17
PSHE Association	<u>SMSC</u> , Literacy - Speaking and listening, Presentation skills, Analysing and creating media pieces. Numeracy - Use of percentages, tables and charts, Finance and budgeting

**NB. Learning objectives may differ depending on the individual programme at each higher education institution**



year 10



# futureme residential

This three day, two night residential opportunity will enable Uni Connect learners to experience the life of a higher education student, providing both academic, team building and social activities across our partnership institutions.

## Who is it for?

This opportunity will be available to Year 10 Uni Connect students across the region.

## When will it be held?

The residential will provisionally take place in July 2021.

## How can we take part?

Places on the residential are strictly limited and students will be asked to submit an application form to take part accompanied by a supporting statement from a teacher/tutor. Your FutureMe Project Coordinator will inform you when applications are open.

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North East Regional Progression Framework	Learning Objectives 1-6 <i>Developmental phase</i>
Gatsby Benchmark	2, 3, 7
CDI Framework	Learning Outcomes: 1-2, 4, 7-8, 14, 17
PSHE Association	<u>SMSC</u>

***NB: If the residential event cannot take place due to social distancing, an alternative virtual Passport to FutureMe experience will be offered to participating students.***



year 9-13

## and there's more...

Throughout the academic year additional opportunities may become available through FutureMe. Activities may include access to third party provision, further outreach events within our partner institutions and much more.

A member of the FutureMe Schools' Team or your FutureMe Project Coordinator will inform you when these activities become available and will advise you on how to book.



# contact us

For more information about the North East Uni Connect Programme and FutureMe, please visit us online or contact us:

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