



How we can help you at **Easington Academy** if you are a Young Carer...

Firstly, you must inform a member of staff. We can only help you if we are aware that you have additional responsibilities at home.

What we can do to help you at school...

- Provide you with a time out card
- Allow phone calls home from school during breaks to check on a family member who you are caring for.
- Provide extensions and help with homework
- Provide emotional support with our school counsellor.
- Liaise with The Bridge Young Carers Service based in County Durham on your behalf, or you can access their website at the following address:

[The Bridge Young Carers Service - Family Action \(family-action.org.uk\)](http://www.family-action.org.uk)

Further information and support for carers and their families can be accessed at this website:
<http://www.youngcarerscentre.org.uk/news/check-out-babble-matter>