

Year	Autumn	Spring	Summer
7	<ul style="list-style-type: none"> <li>• Introduction to attempting and practising basic physical skills and techniques in football, netball, basketball and badminton showing development of quality and control</li> <li>• Development of social skills through working with others</li> <li>• Development of cognitive skills through identification of simple sport specific tactics</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to attempting and practising basic physical skills and techniques in Table tennis, dance, trampolining and fitness showing development of quality and control</li> <li>• Development of social skills through working with and listening to others</li> <li>• Development of cognitive skills through identification of areas for development in performance</li> <li>• Experience different types of fitness and develop knowledge of healthy active lifestyles</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to attempting and practising basic physical skills and techniques in athletics, cricket, rounders and orienteering showing development of quality and control</li> <li>• Development of social skills through working effectively with a small group</li> <li>• Development of cognitive skills through application of simple sport specific tactics</li> </ul>
8	<ul style="list-style-type: none"> <li>• Developing accurate performance of basic physical skills and techniques in football, netball, basketball and badminton showing</li> </ul>	<ul style="list-style-type: none"> <li>• Developing accurate performance of basic physical skills and techniques in table tennis, dance, trampolining and fitness showing development of quality and control</li> </ul>	<ul style="list-style-type: none"> <li>• Developing accurate performance of basic physical skills and techniques in athletics, cricket, rounders and orienteering showing</li> </ul>

	<p>development of quality and control</p> <ul style="list-style-type: none"> <li>• Development of social skills through working with others</li> <li>• Development of cognitive skills through identification of simple sport specific tactics</li> </ul>	<ul style="list-style-type: none"> <li>• Development of social skills through appropriate expression of emotion and supporting others in need</li> <li>• Development of cognitive skills through refining and changing performance appropriately</li> </ul>	<p>development of quality and control</p> <ul style="list-style-type: none"> <li>• Accurate application of social and cognitive skills developed during the autumn and spring terms</li> </ul>
9	<ul style="list-style-type: none"> <li>• Develop ability to select and perform appropriate physical skills and techniques in football, rugby, netball and badminton in competitive situations with improving consistency</li> <li>• Development of social skills through attempting to lead peers through a warm-up or basic skill drill</li> <li>• Development of cognitive skills through increased knowledge and understanding of theory-based PE content (health, fitness components, training methods)</li> </ul>	<ul style="list-style-type: none"> <li>• Develop ability to select and perform appropriate physical skills and techniques in table tennis, dance, fitness and trampolining in competitive situations with improving consistency</li> <li>• Perform physical fitness related activities showing developed technique and resilience</li> <li>• Development of cognitive skills through increased knowledge and understanding of theory-based PE content (health, fitness components, training methods)</li> </ul>	<ul style="list-style-type: none"> <li>• Develop ability to select and perform appropriate physical skills and techniques in cricket, athletics, rounders and softball in competitive situations with improving consistency</li> <li>• Accurate application of social and cognitive skills developed during the autumn and summer terms</li> </ul>

10	<ul style="list-style-type: none"> <li>• Develop ability to select, perform and refine appropriate physical skills/advanced skills and techniques in football, netball, basketball and badminton in competitive situations with improving consistency</li> <li>• Development of social skills through leading peers with improved confidence</li> <li>• Development of social skills through leading peers with improved confidence</li> <li>• Development of cognitive skills through successfully applying a range of tactics and strategies</li> </ul>	<ul style="list-style-type: none"> <li>• Develop ability to select, perform and refine appropriate physical skills/advanced skills and techniques in basketball, table tennis, fitness, trampolining, dance and basketball in competitive situations with improving consistency</li> <li>• Development of social skills through supporting peers to improve their performance</li> <li>• Development of social skills through supporting peers to improve their performance</li> <li>• Development of cognitive skills through successfully applying a range of tactics and strategies</li> </ul>	<ul style="list-style-type: none"> <li>• Develop ability to select, perform and refine appropriate physical skills/advanced skills and techniques in athletics, cricket, rounders, softball and orienteering in competitive situations with improving consistency</li> <li>• Accurate application of social and cognitive skills developed during the autumn and spring terms</li> </ul>
11	<ul style="list-style-type: none"> <li>• Develop ability to select, perform and refine appropriate physical skills/advanced skills and techniques in football, netball, badminton, basketball and rugby in</li> </ul>	<ul style="list-style-type: none"> <li>• Develop ability to select, perform and refine appropriate physical skills/advanced skills and techniques in table tennis, dance, fitness and trampolining in competitive</li> </ul>	<ul style="list-style-type: none"> <li>• Develop ability to select, perform and refine appropriate physical skills/advanced skills and techniques in cricket and rounders in competitive</li> </ul>

	<p>competitive situations with improving consistency</p> <ul style="list-style-type: none"> <li>• Development of social skills through leading peers with improved confidence</li> <li>• Development of social skills through leading peers with improved confidence</li> <li>• Development of cognitive skills through successfully applying a range of tactics and strategies</li> </ul>	<p>situations with improving consistency</p> <ul style="list-style-type: none"> <li>• Development of social skills through supporting peers to improve their performance</li> <li>• Development of social skills through supporting and inspiring peers to improve their performance</li> <li>• Development of cognitive skills through successfully applying a range of tactics and strategies</li> </ul>	<p>situations with improving consistency</p> <ul style="list-style-type: none"> <li>• Accurate application of social and cognitive skills developed during the autumn and spring terms</li> </ul>
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## Curriculum Overview – Core PE- Ashington.