



# Careers

## What is it?

### Postal Worker

A Postal Worker collects, sorts and delivers letters and packages to homes and businesses. They are part of the logistics sector because they keep constant contact between business and people. These workers can also collect letters from places of work, post offices and post boxes within a district.

### Day to day tasks

- sort the mail for your route, by hand or using machinery
- load and unload delivery vans
- walk for up to 6 hours a day to deliver mail
- use a hand-held computer device to get customer signatures
- pick up mail from post boxes, post offices and businesses
- deal with wrongly addressed or returned mail
- move mail to and from processing centres, delivery offices, railway stations and airports

### Qualifications

3/4 GCSEs, usually including English and maths, or equivalent, for an intermediate apprenticeship.

### Salary

Ranging from £16,000 for starters, rising to £25,000  
With experience, you could be promoted to higher grades like supervisor and manager which would result in a higher salary.

### Jobs and labour market

Weekly Pay	Annual Pay
<b>£490</b>	<b>£25,480</b>
Hours/Week	Hourly Pay
<b>39h</b>	<b>£13</b>
<b>Workforce Change (projected)</b>	
Growth	Replacement
<b>0.3%</b>	<b>63.6%</b>

### Routes into the industry

Apprenticeship or directly.

Royal Mail often recruit temporary staff. This can be a useful way for you to get some experience and apply for permanent jobs as they come up.

You can find out more here: [Postperson](#) | [Explore careers](#) | [National Careers Service](#)