

CAREERS

Newsletter

Welcome to Easington Academy's April 2024 Careers Newsletter.

The careers newsletter aims to keep students and their families with all the latest information about careers and Post-16 opportunities.

All students at Easington Academy receive targeted careers education within World Ready Sessions and within the curriculum, focusing on subject specific careers information. In addition, we provide students with a range of opportunities to access up-to-date careers information through workshops, career fairs, external events and from visitors in school.

Our Careers Programme can be accessed here: [Careers information | Easington Academy](#)

For Careers advice please contact our Careers Advisors, Mrs Collins and Mrs Carter:
email: julieann.collins@easingtonacademy.co.uk



Durham University – Year 10 Benefits of HE

A group of our Year 10 students recently visited Durham University, to learn about the world of higher education. Guided by student ambassadors, they enjoyed a tour of the campus, gaining firsthand insight into university life. Highlights included exploring student accommodation, fostering an understanding of independence and responsibility. This trip was not only about envisioning the future but empowering students to make informed decisions about their educational journey.



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Durham University- Year 10 Subject Taster Day

Another group of our Year 10 students also had the exciting opportunity to visit Durham University to explore various academic disciplines at a Subject Taster Day. From Anthropology to Psychology, Maths to Science, students sampled a diverse range of subjects, igniting their curiosity and broadening their horizons. This immersive experience provided invaluable insights into potential academic pathways, empowering students to make informed decisions about their future studies.



Durham University- Year 8 How to Achieve Goals Event

A group of enthusiastic Year 8 students recently embarked on a transformative journey at Durham University, focusing on goal setting and career exploration. Through engaging activities, students participated in a Campus Quest Tour Quiz, showcasing their knowledge and teamwork skills. They also took part in a Course Explorers session, discovering their interests and potential career paths. An interactive quiz helped students identify their attributes, paving the way for future career considerations. Congratulations to all participants who won the Campus Quest Tour Quiz and being the only school ever to correctly answer all questions.





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Year 11 GCSEs – Don't Panic, you have got this.

Here are some tips for GCSE exams:

- **Take control** early on, get organised and put a plan in place.
- Use a **reliable revision technique**: test yourself regularly.
- Use **practice papers** regularly to track progress and develop essential exam skills.
- Think about why you want the best GCSEs and keep reminding yourself whenever you feel unmotivated.
- Write down your **goal grades for each subject** and always aim for the top mark range, where possible.
- **Get enough sleep**, avoid heavy meals, organise your travel, pack everything you need, avoid nervous students, read all questions carefully, stick to your time schedule, and review your exam answers.
- **Stay positive**, feel more confident about your academic ability and skills, feel positive about the result of the exam, feel less stressed about taking the exams, understand how to deal with exam stress and worrying, manage your emotions during and before the exam, have confidence in your ability to access the information that you have studied, and feel focused and ready when you start the test.

Support for Parents and Carers

Making sure that young people are aware and take advantage of all the opportunities available to help set them up for a successful career and a good quality of life is a challenge for every parent/carer. In partnership with the school, parents/carers have an important role to play in helping their child to access information and make decisions about their career paths. We strongly encourage parents/carers to take an active role in this process. Information on how you can support your child can be found on the school website: [Careers information | Easington Academy](#)

Good Luck Year 11



North East
Learning Trust

Considering University?



University Preparation:

Research: Explore different universities and courses. Consider factors like location, reputation, course content, and facilities.

Open Days: Attend university open days to get a feel for the campus and meet faculty members.

Career Goals: Think about your career aspirations and choose a course that aligns with them.

Fees and Finance:

Tuition Fees: Universities charge tuition fees for each year of study. These fees vary depending on the institution and the course. Check university websites for specific details.

Student Finance: Students can apply for financial support through Student Finance England. This includes tuition fee loans and maintenance loans to cover living costs.

Extra Support: Students with disabilities or dependents may be eligible for additional financial assistance that doesn't need to be repaid.

UCAS Points:

UCAS points are used for university admissions. They're based on your A Level grades.

Calculating UCAS Points:

Determine the grade achieved in each A Level subject (e.g., A, B, C).

Refer to the UCAS points table to find the corresponding points for that grade.

Repeat this process for each A Level subject.

Add up the points to calculate the overall UCAS points score.

Selecting A Levels:

Choose Wisely: Select A Level subjects that interest you and align with your career goals. Consider subjects required for your desired university course.

Keep Options Open: Some universities have specific subject requirements. Research these early to ensure you meet them.

Balance: Aim for a mix of subjects – some you excel in and others you enjoy. This keeps your options open for various courses.

Remember, Year 11 is a pivotal time, so stay informed, seek advice, and make well-informed decisions. Best of luck on your journey to higher education!





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College Websites

Byron Sixth Form: <https://www.st-bedes.durham.sch.uk/byron-sixth-form-college/>
Durham Sixth Form Centre: <http://www.durhamsixthformcentre.org.uk/>
East Durham College: <https://www.eastdurham.ac.uk/>
English Martyrs Sixth Form: <https://ems6.bhcet.org.uk/>
Hartlepool Sixth Form: <https://www.hartlepoolsixth.ac.uk/>
Hartlepool College: <https://www.hartlepoolfe.ac.uk/>
Middlesbrough College: <https://www.mbro.ac.uk/school-leavers>
New College Durham: <https://newcollegedurham.ac.uk/>
Northern School of Art: <https://northernart.ac.uk/>
Sunderland College: <https://www.sunderlandcollege.ac.uk/>
Newcastle College: [College Courses For 16 to 18 Year Olds \(ncl-coll.ac.uk\)](http://www.ncl-coll.ac.uk/)

Useful Careers Websites

National Careers Service: <https://nationalcareers.service.gov.uk/>
Prospects: <https://www.prospects.ac.uk/>
ICould: <https://icould.com/>
Careers Box: [Home - CareersBox](#)
Careers4U: [Careers4u –](#)

Labour Market Information (LMI) Careerometer

Careerometer lets you compare the average wages and working hours of up to three jobs in England. You can also use it to find out the predicted demand for these jobs in the future.

How to use it: Type in the first career that you're interested in and select from the drop-down list, then add your second and third choices to see the comparison.

Check it out here: [Careerometer – LMI For All](#)

You could also check out the **National Careers Service:** [Careers advice - job profiles, information and resources | National Careers Service](#) They provide careers information, advice and guidance. They can help you make decisions at all stages in your career,

